Junior Church 16/02/25 Hebrews 12:14

The Big Idea:

Comparing the two great mountains - Mount Sinai and Mount Zion. (Focus on 18-24) and how looking to heaven (Mount Zion) helps us to carry on following Jesus.

Teaching Time:

Briefly recap hall of faith, and their encouragement to carry on/have faith.

Ask children - have you ever climbed a mountain/seen mountains? Discuss famous mountains... (pictures/clips?)

Intro two mountains in the passage. What do children know about Mount Sinai? Briefly recap Moses and God's people through the wilderness, ten commandments etc.

What do children know about Mount Zion? (Probably less!) v 22 - God's heavenly city. Explain that God's people were separated from God in the wilderness because of their sin. But because Jesus came, Mount Zion, heaven - is very different to this.

Display two mountains and compare sinai to Zion. (see attached PDF mountain template) Climbers could focus on 1 or 2 things that make the mountains different. Sinai: Dark/scary/you couldn't touch it. Mount Zion: singing angels/God is there/Jesus is there/our names are written there. Talk about how they are different.

Explore that because of Jesus, we can go to Mount Zion instead! Thinking about heaven and how wonderful it will be helps us to keep following Jesus.

Trailblazers, highlight copies of verses 18-24 with two colors, finding descriptions of both mountains. What was sinai like? Physical mountain/Burning with fire/dark/gloomy/terrifying/untouchable. Label mountain picture together. What is Zion like? Spiritual mountain/God's city/heavenly Jerusalem/thousands of angels singing joyfully/God is there/Jesus is there/God's people are there/our names are written there. Compare together.

How might the description of Mount Zion help us to persevere in our faith?

Craft Ideas

Create two mountains for children to write/stick descriptive words onto from the passage that compare the two mountains.

First template - can could cut out the mountains and stick one on each side of an a4 sheet.

Second template - print double sided copies for chn to fill on for both mountains.

Climbers could do a simpler one with one or two words stuck onto each.

Final attachment, more simple mountain coloring sheet.

* I strongly recommend providing the words to stick for some of the children in trailblazers who find writing/focus more challenging, to keep them on task and so they aren't overwhelmed by too much writing.



















