

Junior Church 19/01/25 Hebrews 10:19-39

The Big Idea

This passage is an **encouragement to persevere** in our faith

Key Verses:

Let us hold unswervingly to the hope we profess, for he who promised is faithful. ²⁴ And let us consider how we may spur one another on toward love and good deeds, ²⁵ not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.

Game Ideas (theme of perseverance and getting to the end!)

Musical chairs

Ping tiddly winks from one side of the room to the other (patience to get to the end)
Set up a simple obstacle course. In pairs, one child must guide another who is blindfolded. (Practicing perseverance and encouragement of others!)

Teaching Time

Again, this passage is full of lots of amazing truths but its important to keep it simple and focus on the big idea. (Don't attempt to cover the whole passage)

Discuss/share times when children have had to show perseverance and keep going. Why is persevering hard? Perhaps show a video clip of the end of a marathon/something similar. What helped them persevere?

Andy had helpful points during the sermon to answer the question – how do we persevere in the faith. (How do we keep following Jesus and loving him?)

1. Talk to God (v22)
2. Encourage others (v 24)
3. Remember the past (how has God helped you before? v 32)
4. Remember God's promises (v 36)

Consider simple ways to explain these using questions and examples. When do you talk to God? How would encouraging others help them keep going? How has God helped you to keep loving him in the past? What has God promised us if we keep trusting him?

Chn could spend some time encouraging one another – discuss how we can do this and model simple examples. *Keep going, God loves you. Remember, God is always with you. Keep going, one day we will be in heaven with Jesus.*

Craft Ideas

Younger chn - Use a picture/outline of a runner for children to colour in/decorate.
Older Chn could write the four ways to persevere around it (templates attached)

Climbers – Draw around their hand on card and stick on ‘talk to God’, ‘encourage others’ etc on each finger.

Trailblazers/climbers – With paper/card, make a ‘running track’ with a finish line and a slit for a runner to slot through on a straw/lolly stick.











